



RETREAT

17-27 MARCH 2025
INDONESIA



CAN YOU PICTURE YOURSELF HERE?

On a private island in Indonesia. Just you and 8 other guests. Toes in the sand, back to nature, the sounds of the ocean surrounding you.

DAYS IN PARADISE

This 50ha private island is surrounded by pristine waters, abundant sealife and untouched natural beauty.

Daily activities include:

Yoga, breathwork, cooking class, hiking, beach volleyball, SUP/Kayaking, exploring the tropical rainforest and visiting the permaculture gardens.

You can be as active or relaxed as you wish!



Return
to Nature



The ocean-facing 108sqm yoga shala is a multi-purpose space for movement practices, meditation, gatherings, meals, lounging.

It provides a central hub for all group activities and can be opened or closed with bamboo screens to provide protection from the breeze if needed.

YOGA SPACE



CASTAWAY LIFESTYLE

Accommodation is in 5 tropical shared cottages, set at the beachfront amongst palm trees, & built using traditional methods and local materials such as coconut wood and driftwood.



OPEN AIR ISLAND LIVING

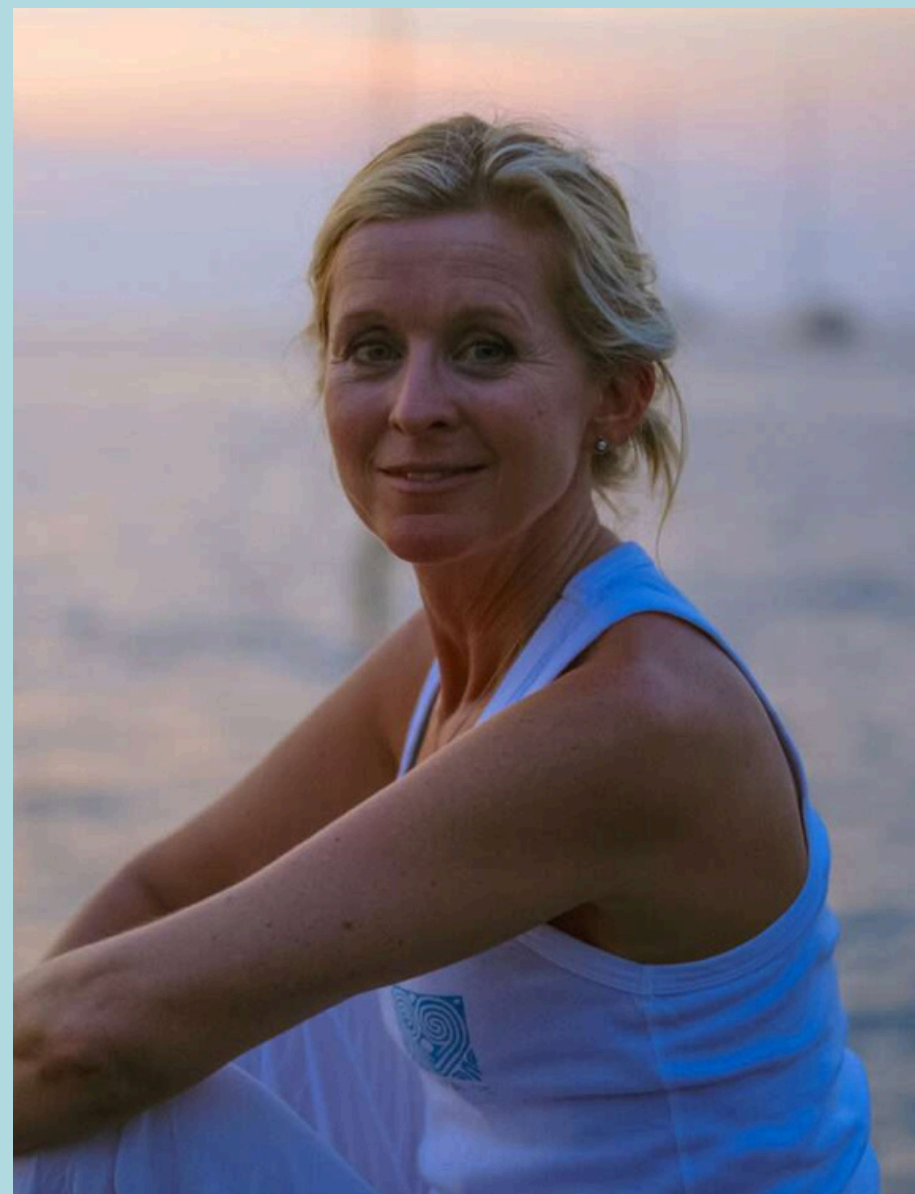
There's nothing like open air living
and the sounds of the ocean to
bring you into connection with the
restorative power and healing
energy of mother nature.



YOUR HOST

Noona lives in the South of France & has been teaching yoga, breathwork, energy work and meditation for the past 11 years.

A firm believer in the restorative power of nature, this retreat offers a unique opportunity to replenish your body, spirit and soul in a tropical paradise.



Noona Ayres
FOUNDER OF REVITALIZE





PRICES

FAMILY BUNGALOW: US\$ 3,300pp

3 kingsize doubles, ensuite bathroom

DRIFTWOOD BUNGALOW: US\$ 3,250pp

1 kingsize & 1 single bed, ensuite bathroom

2 COCONUT BUNGALOWS: US\$2,950pp

2 single beds, shared bathroom with 2 other cottages

A-FRAME BUNGALOW: US\$ 2,950pp

1 kingsize bed,
shared bathroom with 2 other
cottages.

Private room supplement
US\$ 950

INITIAL DEPOSIT: US\$250pp

To secure your spot



PRICE INCLUDES:

Boat Transfer to/from island

All Meals

Morning yoga sessions

Evening Breathwork/Meditation/Movement

1 x 60 minute Reiki Treatment

1 x Energy Treatment

Activites:

SUP, Kakak, Snorkelling, Spearfishing, Fishing,
Volleyball, Cooking class, Permaculture tour

Wi-fi

Daily cleaning service

RETREAT

SPRING 2025

Spaces are limited for this extraordinary retreat. A once-in-a-lifetime opportunity to experience castaway, barefoot-living in the tropics.

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